

**GOVERNMENT OF INDIA
MINISTRY OF HEALTH AND FAMILY WELFARE
DEPARTMENT OF HEALTH AND FAMILY WELFARE**

**RAJYA SABHA
STARRED QUESTION NO. 21
TO BE ANSWERED ON THE 19TH JULY, 2022**

NATIONAL MENTAL HEALTH PROGRAMME

21 SHRI DEREK O' BRIEN:

Will the **MINISTER OF HEALTH AND FAMILY WELFARE** be pleased to state:

- (a) the number of people getting access to mental health services under the National Mental Health Programme (NMHP) during the last three years, State / UT wise, particularly in West Bengal;
- (b) the details of allocation of funds to NMHP during the said period, State/UT-wise, yearwise;
- (c) the status of implementation of NMHP including steps taken to create awareness about suicide prevention, State/UT-wise, particularly in West Bengal;
- (d) Whether Government proposes to restructure of NMHP to improve its effectiveness in those regions which are deprived of it at primary health care level; and
- (e) if so, the details thereof and the funds earmarked for this purpose?

**ANSWER
THE MINISTER OF HEALTH AND FAMILY WELFARE
(DR MANSUKH MANDAVIYA)**

(a) to (e) A Statement is laid on the Table of the House.

**STATEMENT REFERRED TO IN REPLY TO RAJYA SABHA
STARRED QUESTION NO. 21* FOR 19TH JULY, 2022**

(a) & (b): The National Mental Health Programme (NMHP) is implemented across the country as a Centrally Sponsored Scheme. Therefore, services under this programme are available to all. The State/ UT-wise details of funds approved for implementation of the District Mental Health Programme (DMHP) under the National Health Mission is Annexed.

(c) & (d): To address the burden of mental disorders, the Government of India is implementing the National Mental Health Programme (NMHP) since 1982. The Government is supporting implementation of the District Mental Health Programme (DMHP) under NMHP in 704 districts of the country with the objectives to:

- (i) Provide suicide prevention services, work place stress management, life skills training and counselling in schools and colleges.
- (ii) Provide mental health services including prevention, promotion and long-term continuing care at different levels of district healthcare delivery system.
- (iii) Augment institutional capacity in terms of infrastructure, equipment and human resource for mental healthcare.
- (iv) Promote community awareness and participation in the delivery of mental healthcare services.

In addition to the above, the Government is also taking steps to strengthen mental healthcare services at primary healthcare level. Mental health services have been added in the package of services under Comprehensive Primary Health Care under Ayushman Bharat – HWC Scheme. Operational guidelines on Mental, Neurological, and Substance Use Disorders (MNS) at Health and Wellness Centres (HWC) have been released under the ambit of Ayushman Bharat.

Besides the above, the Government has announced a “National Tele Mental Health Programme” in the Budget of 2022-23, to further improve access to quality mental health counselling and care services in the country.

To generate awareness among masses about mental illnesses Information, Education and Communication (IEC) activities are an integral part of the NMHP. At the District level, sufficient funds are provided to each District under the DMHP under the Non-communicable Diseases flexi-pool of National Health Mission for IEC and awareness generation activities in the community, schools, workplaces, with community involvement. Under the DMHP various IEC activities such as awareness messages in local newspapers and radio, street plays, wall paintings etc. are undertaken by the States/UTs. Further, funds are provided to each district supported under DMHP for targeted interventions with the following objectives:

- (i) To provide class teachers with facilitative skill to promote life skill among their students.
- (ii) To provide the class teachers with knowledge and skills to identify emotional conduct, scholastic and substance use problems in their students
- (iii) To provide class teachers with a system of referral for students with psychological problems to the District Mental Health Team for inputs and treatment.
- (iv) To involve other stakeholders like parents, community leaders to enhance development of adolescents etc.

(e): Under DMHP, funds of Rs. 132.73 Crore have been approved for States/ UTs under the National Health Mission for the year 2021-22.

Annexure

State/UT wise details of Approvals for National Mental Health Programme (NMHP) under Flexible Pool for Non Communicable Diseases (NCDs) under NHM during the period from F.Y. 2019-20 to 2021-22

(Rs. in lakhs)

S.No.	State/UT	2019-20	2020-21	2021-22
1	Andaman & Nicobar Islands	19.75	20.00	25.60
2	Andhra Pradesh	504.30	300.30	1184.53
3	Arunachal Pradesh	111.60	177.40	69.30
4	Assam	550.84	341.17	367.03
5	Bihar	218.64	226.75	628.75
6	Chandigarh	0.00	0.00	0.00
7	Chhattisgarh	328.70	258.21	602.72
8	Dadra & Nagar Haveli	4.00	3.07	0.54
9	Daman & Diu	1.00		
10	Delhi	60.00	84.00	0.00
11	Goa	25.11	16.60	47.35
12	Gujarat	558.70	562.70	794.74
13	Haryana	54.58	55.27	174.92
14	Himachal Pradesh	12.86	30.92	57.51
15	Jammu & Kashmir	233.64	219.50	197.50
16	Jharkhand	70.37	18.07	124.71
17	Karnataka	612.10	649.30	1165.46
18	Kerala	200.70	318.75	692.90
19	Ladakh	0.00	0.00	21.00
20	Lakshadweep	2.90	7.80	14.60
21	Madhya Pradesh	177.34	214.94	236.65
22	Maharashtra	731.90	471.14	1311.00
23	Manipur	157.15	288.96	281.64
24	Meghalaya	102.30	102.00	213.80
25	Mizoram	51.90	38.89	57.50
26	Nagaland	135.88	143.00	252.47
27	Odisha	301.55	191.10	474.25
28	Puducherry	18.21	12.74	67.09
29	Punjab	142.00	305.20	199.90
30	Rajasthan	406.24	577.60	529.49
31	Sikkim	50.02	50.40	103.60
32	Tamil Nadu	1149.70	155.90	564.26
33	Telangana	170.00	1024.72	0.00
34	Tripura	43.52	28.80	66.00
35	Uttar Pradesh	1686.94	1382.84	2232.43
36	Uttarakhand	23.70	45.12	50.14
37	West Bengal	117.63	89.90	464.36
TOTAL		9035.77	8413.06	13273.74