

**GOVERNMENT OF INDIA
MINISTRY OF HEALTH AND FAMILY WELFARE
DEPARTMENT OF HEALTH AND FAMILY WELFARE**

**RAJYA SABHA
UNSTARRED QUESTION NO.3132
TO BE ANSWERED ON 23rd MARCH, 2021**

DISTRICT MENTAL HEALTH PROGRAMME

3132 SHRI TIRUCHI SIVA:

Will the Minister of **HEALTH AND FAMILY WELFARE** be pleased to state:

- (a) the details of guidelines under which the District Mental Health Programme is currently being implemented
- (b) when were the guidelines for the implementation of the District Mental Health Programme last revised
- (c) the details of total funds allocated and utilised for the District Mental Health Programme, State-wise, year-wise since 2015
- (d) the details of total number of functioning District Mental Health Programmes, State-wise and district wise and
- (e) whether the District Mental Health Programme will be subsumed under Ayushman Bharat, if so, the details thereof, and if not, the reasons therefor?

**ANSWER
THE MINISTER OF STATE IN THE MINISTRY OF HEALTH AND
FAMILY WELFARE
(SHRI ASHWINI KUMAR CHOUBEY)**

(a) & (b): The guidelines for implementing the District Mental Health Programme (DMHP) under the National Mental Health Programme (NMHP) under the Flexible Pool for Non-communicable diseases, within the overall umbrella of the National Health Mission were last revised on 24th June, 2015 and disseminated to all the States/UTs. As per the guidelines, the components of DMHP are as under:

- **Service Provision:** Management of cases of Mental disorders and counselling at different levels at district healthcare delivery system.
- **Capacity Building:** Manpower training and development for prevention, early identification and management of mental disorders.
- **Awareness Generation through IEC activities:** for early identification of Mental Disorders so that timely management of such cases is possible as well as removal of stigma attached to Mental Illness.

(c): Under DMHP, financial assistance upto Rs. 83.20 lakh is provided to each district supported under the Programme out of flexible pool for Non-communicable diseases under the National Health Mission, for early detection, management and treatment of mental disorders/ illnesses. The State/UT-wise details of funds approved and expenditure for DMHP under the flexible pool for Non-communicable diseases from 2015-16 to 2020-21 are at Annexure-I.

(d): The Government is supporting implementation of DMHP under NMHP in 692 districts of the country. The State/UT-wise, district wise details of total number of districts supported under DMHP are at Annexure-II.

(e): At present, no proposal to subsume DMHP under AYUSHMAN Bharat is under consideration in the Ministry of Health and Family Welfare. However, as mandated by the Mental Healthcare Act, 2017, mental healthcare services have been integrated into general healthcare services like National Health Mission, PMSSY, Rashtriya Kishore Swasthya Karyakram, AYUSHMAN Bharat, PMJAY, etc.

Annexure-I

State/UT-wise details of funds allocated and utilized for the District Mental Health Programme under the Flexible Pool for Non Communicable Diseases during 2015-16 to 2020-21

(Rs. in lakhs)

S.No	State/UT	2015-16		2016-17		2017-18		2018-19		2019-20		2020-21 (till 30/12/2020)	
		Approved	Exp.	Approved	Exp.	Approved	Exp.	Approved	Exp.	Approved	Exp.	Approved	Exp.
1.	Bihar	683.80	130.19	839.09	222.50	139.80	65.32	534.30	27.48	218.64	59.69	226.75	25.63
2.	Chhattisgarh	0.00	73.37	475.77	213.33	189.00	159.14	569.70	267.26	328.70	394.14	258.21	51.25
3.	Himachal Pradesh	56.48	8.58	8.76	5.60	54.80	6.28	3.20	10.67	12.86	3.58	30.92	0.11
4.	Jammu & Kashmir	0.00	0.00	170.08	12.73	36.20	42.04	330.90	61.80	233.64	54.22	219.50	36.53
5.	Jharkhand	0.00	0.00	237.46	51.73	41.55	48.82	605.78	13.71	70.37	0.72	18.07	2.25
6.	Madhya Pradesh	297.00	49.43	445.50	79.66	127.84	91.58	168.00	126.99	177.34	120.88	214.94	64.57
7.	Orissa	0.00	152.50	601.19	235.12	492.49	100.03	576.28	125.13	301.55	179.82	191.10	29.60
8.	Rajasthan	28.00	209.44	1898.15	124.92	818.86	101.10	160.30	353.04	406.24	185.24	577.60	85.00
9.	Uttar Pradesh	887.60	177.12	1481.88	571.06	1020.00	695.03	1747.90	831.83	1686.94	833.23	1050.00	111.78
10.	Uttarakhand	0.00	0.00	133.22	0.00	53.20	47.00	528.95	27.09	23.70	15.88	45.12	2.94
11.	Arunachal Pradesh	0.00	0.00	228.42	42.26	133.44	9.79	134.00	68.08	111.60	0.00	177.40	0.00
12.	Assam	398.40	25.46	487.44	33.01	267.60	38.44	596.67	210.39	550.84	256.38	68.25	54.68
13.	Manipur	0.00	0.00	306.01	0.00	179.10	0.00	64.28	150.34	157.15	85.43	288.96	24.18
14.	Meghalaya	74.00	10.33	102.12	13.40	275.27	28.37	227.08	56.26	102.30	66.32	102.00	203.86
15.	Mizoram	253.09	84.90	401.62	165.52	232.00	4.02	44.92	40.93	51.90	11.29	38.89	11.05
16.	Nagaland	0.00	0.00	102.64	59.14	70.52	23.92	86.70	33.45	135.88	20.05	143.00	2.22
17.	Sikkim	172.67	121.46	138.03	63.25	90.82	39.33	31.29	28.41	50.02	19.33	50.40	10.80
18.	Tripura	63.08	4.93	106.28	5.66	52.40	11.64	42.80	8.34	43.52	9.91	28.80	2.44
19.	Andhra Pradesh	0.00	0.00	0.00	0.00	237.80	232.90	267.80	132.93	504.30	504.30	300.30	150.15
20.	Goa	61.15	8.47	39.80	12.49	24.10	1.36	18.94	7.06	25.11	8.20	16.60	4.67
21.	Gujarat	199.84	109.20	258.80	54.84	704.00	428.54	860.50	481.52	558.70	349.06	562.70	89.85

S.No	State/UT	2015-16		2016-17		2017-18		2018-19		2019-20		2020-21 (till 30/12/2020)	
		Approved	Exp.	Approved	Exp.	Approved	Exp.	Approved	Exp.	Approved	Exp.	Approved	Exp.
22.	Haryana	213.27	46.96	121.72	36.10	33.77	13.74	101.07	22.91	54.58	17.19	55.27	7.31
23.	Karnataka	317.20	158.49	1622.11	967.86	675.98	481.24	658.10	466.82	612.10	495.21	649.30	246.34
24.	Kerala	0.00	0.00	102.82	70.00	100.00	99.07	119.70	71.49	200.70	52.29	318.75	22.25
25.	Maharashtra	976.00	282.32	630.68	284.38	225.70	108.67	387.60	182.88	731.90	283.34	471.14	110.68
26.	Punjab	0.00	0.00	303.38	167.00	354.20	0.00	209.00	12.73	142.00	0.00	305.20	0.00
27.	Tamil Nadu	434.80	231.78	669.59	125.00	74.75	91.98	1031.40	865.49	1149.70	202.78	155.90	155.90
28.	Telangana	0.00	0.00	141.25	0.00	63.00	0.00	45.00	0.00	170.00	17.74	304.72	16.12
29.	West Bengal	174.00	311.44	362.57	302.86	103.98	18.27	244.20	53.10	117.63	63.88	89.90	21.36
30.	A&N Islands	0.00	0.00	51.27	0.00	63.00	0.00	9.30	8.75	19.75	0.21	20.00	0.00
31.	Chandigarh	0.00	0.00	27.45	10.59	2.20	0.00	3.95	0.00	0.00	0.00	0.00	0.00
32.	D&N Haveli	63.40	13.44	56.88	40.26	20.60	7.58	5.00	1.32	4.00	3.36	3.07	0.00
33.	Daman & Diu	0.00	0.00	4.51	0.00	1.50	0.00	0.45	0.07	1.00	0.83		
34.	Delhi	244.00	0.00	197.43	0.00	86.40	0.06	90.00	0.00	60.00	0.00	84.00	0.00
35.	Lakshadweep	23.98	8.57	36.42	3.79	14.70	1.38	5.20	4.70	2.90	6.59	7.80	1.41
36.	Puducherry	46.38	11.23	40.67	24.63	14.94	5.38	16.85	3.61	18.21	1.33	12.74	0.51
37.	Ladakh	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Total		5668.14	2229.60	12831.01	3998.71	7075.51	3002.00	10527.11	4756.59	9035.77	4322.43	7087.30	1545.42

Annexure-II**State/UT-wise and district-wise details of districts supported under DMHP**

S.No.	State/UT	Details of the districts supported
1	A & N Islands	All 3 districts
2	Andhra Pradesh	All 13 districts
3	Arunachal Pradesh	10; 6 existing (Papum pare, East Siang, Lohit, Tirap, Changlang & Upper Dibang valley); 4 new from 2020-21 (Kurung Kumey, Kra Dadi, Lower Subansiri, Lower Dibang valley)
4	Assam	All 27 districts (21 + Cachar, Chirang, Dibrugarh, kamrup (Rural), Sonitpur and Udalguri)
5	Bihar	31 (Banka, Buxar, Vaishali, Purnia, West Champaran, Muzaffarpur, Gopalganj, Kaimur, Jamui, Rohtas, East Champaran, Gaya, Bhagalpur, Araria, Begusarai, Katihar, Khagaria, Kishanganj, Madhepura, Madhubani, Saharsa, Sheohar, Samastipur, Saran, Sheikhpura, Sitamarhi, Siwan, Supaul, Aurangabad, Nawada, Munger)
6	Chandigarh	1 district (All UT)
7	Chhattisgarh	All 27 districts
8	Daman & Diu - Dadra & Nagar Haveli	1 (Daman) 1 (DNH)
9	Delhi	5 (Jahangirpuri, Chattarpur, Dwarka, Motinagar & Timarpur)
10	Goa	2 districts (state covered)
11	Gujarat	All 33 districts + 4 Corporations (Ahmedabad, Baroda, Surat & Rajkot)
12	Haryana	All 22 districts
13	Himachal Pradesh	All 12 districts
14	J & K	All 20 districts
15	Jharkhand	All 24 districts
16	Karnataka	All 31 districts & 15 Taluk hospitals
17	Kerala	All 14 districts
18	Laddakh	2 districts
19	Lakshadweep	1 district (All UT)
20	Madhya Pradesh	All 51 districts
21	Maharashtra	All 36 districts except Mumbai City & Mumbai Suburban
22	Manipur	All 16 districts (9 existing Imphal West, Imphal East, Thoubal and Bishnupur, Senapati, Ukhrul, Churachandpur, Chandel and Tamenglong + 7 new)
23	Meghalaya	All 11 districts
24	Mizoram	All 9 districts
25	Nagaland	All 11 districts
26	Odisha	All 30 districts
27	Puducherry	2 districts (Puducherry & Karaikal)
28	Punjab	All 22 districts
29	Rajasthan	All 33 districts
30	Sikkim	All 4 districts

31	Tamilnadu	All 32 districts
32	Telangana	All 33 districts
33	Tripura	All 8 districts - North Tripura, Unokoti, Dhalai, Gomati, Khowai, Sepahijala, West Tripura and South Tripura
34	Uttar Pradesh	All 75 districts
35	Uttarakhand	All 13 districts
36	West Bengal	All 28 districts
Total		692